

# Girl Scout Ways



Being a Girl Scout makes you part of a very special group of people! Here are some activities that show some of the things Girl Scouts everywhere know.

## 1. The Girl Scout Law

Create a puppet show, coloring book, poem, or play that tells about two parts of the Girl Scout Law. Show it to other Girl Scouts or to girls who want to become Girl Scouts.

## 2. Special Girl Scout Ways

Read the section "What Makes Brownie Girl Scouting Special?" in the *Brownie Girl Scout Handbook*. Practice the hand signs and traditions listed below and show them to someone who is new to Girl Scouting:

- Girl Scout handshake.
- Girl Scout sign.
- Quiet sign.
- Friendship circle.
- Friendship squeeze.

## 3. S'mores

A S'more is a special sweet treat that Girl Scouts love to make. You might want to try it on a camping trip or at a cookout. Do you know why they're called *S'mores*?

You will need:

- Graham crackers.
- Large marshmallows.
- Milk chocolate bars.
- A long stick or roasting wire to hold over the fire.

1. Break a chocolate bar so that it is the same size as the graham cracker or smaller. Put the chocolate on top of the graham cracker.
2. Put one or two marshmallows on the end of the stick.
3. Use the stick to hold the marshmallows over the fire, but not too close.
4. When the marshmallows start to melt just a little, take them off the stick and put them on top of the chocolate bar square.
5. Put another graham cracker on top of the marshmallows.
6. Eat it! And you will want s'more.

**Note:** Whenever you are using fire in the outdoors, in a fireplace, or anywhere else, you must have an adult helping you.

## 4. Sit-Up-On

Girl Scouts make sit-up-ons to use when the ground is damp or too hot or cold, or they want to keep their clothes clean. You can make your own to use at troop meetings, camping events, or other Girl Scout get-togethers. Follow these steps and look at the pictures for help.

You will need:

- A large piece of waterproof material (like an old plastic tablecloth, shower curtain, or plastic garbage bag).
- Newspapers or other stuffing.
- A yarn needle.
- Yarn or string.

1. Cut the waterproof material into two large squares big enough for you to sit on.



2. Put newspapers or old rags between the two squares to form a cushion.
3. Sew the two squares together with yarn or string, using the yarn needle. Have an adult show you how to use the needle



safely. Be sure to sew completely around the edges of the sit-up-on.

## 5. Be Prepared

Girl Scouting's motto is: "Be Prepared!" Talk with other Girl Scouts about how you can help your troop or group, school, family, and friends prepare for two or three of the situations below:

- Bad weather.
- A house fire.
- The power going out.
- An injury like a cut or fall.
- A long trip.

What other situations should you and your family prepare for? You can get some ideas from Chapter 2, "Taking Care of Yourself," in the *Brownie Girl Scout Handbook*.