

Travel Right



Perhaps you're going to the park or beach with your family. Or you're planning an overnight at a friend's. Maybe your Girl Scout troop or group is going camping. It's going to be a lot of fun!

1. Be Prepared

List five "Safety Smart" rules to follow whenever you take a trip. Make individual checklists to put in your backpack or luggage.

2. Busy Kits

Put together a small bag of things to keep you busy on the road. Some items you might take are:

- Books (if you don't get carsick while reading).
- Song sheets so everyone can sing.
- "License plate bingo" cards and crayons.
- Cat's cradle string.

Make sure the bag is sturdy, and that your name is written on the outside. Use it with a friend the next time you're on a bus, train, or plane, or in a car.

3. Scenery Scavenger Hunt

Before you leave, make a list of 10 things that you expect to see on a trip. Check off the items as you go along. If you are traveling with a friend, you can each do a different list and see who gets all 10 first.

4. Travel Journal

Create a travel journal for your trip. Write a description of the places you went, the people you were with, and the things you did. What did you like the most about your trip? Why? Draw sketches of what you saw and did to go along with your written record. Collect souvenirs such as postcards, menus, and brochures.

With a friend, list the things you would need to pack for these different trips:

An overnight at a friend's.

5. Sing a Song

Make up a song about traveling. Sing it with your Girl Scout troop or group, or with your family on your next trip. Make up hand gestures to go with the song.

A 2-hour car ride.

6. Pack It Up!

A day pack is great for almost any trip. If you are going on a hike, take along:

- A water bottle.
- A whistle—in case you get separated from your group.
- A rain poncho or windbreaker.
- Coins for the phone.
- Sunscreen and lip protection.
- A sit-upon.

A day at the beach.

Try It!

Now, pack up the things on your list! Does it matter what goes in first? Where would you place something that is easily breakable? Is your pack more comfortable when you pack it one way rather than another? Is your pack too heavy? If so, is it possible you have packed too much?