



# Social Butterfly

***"Manners are a sensitive awareness of the feelings of others. If you have that awareness, you have good manners, no matter what fork you use."***

—Emily Post,  
American author on etiquette

**H**ave you ever found yourself in a group or place where you didn't know how to act? It happens to everyone. In this badge, have fun practicing the social style and good manners that will make you comfortable in any situation.

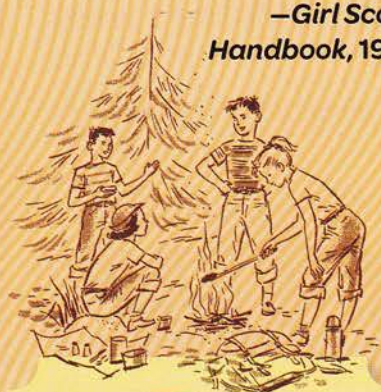
## ***Steps***

1. Hold a conversation
2. Use table manners
3. Be prepared for special occasions
4. Say thank you
5. Practice being at ease

## ***Purpose***

When I've earned this badge, I'll know how to act at many types of events, from picnics to weddings to parties.

—Girl Scout  
Handbook, 1933



## More to Explore

**Every step has three choices. Do ONE choice to complete each step. Inspired? Do more!**

### CHOICES - DO ONE:

-  **Practice conversation starters.** First, make a list of 10 great questions to start a conversation. Think about the different situations you might have: with one new person, a group of new people, or an adult friend of your parents'. Then role-play with your questions to practice starting and continuing a conversation.

**FOR MORE FUN:** Make a list of the questions to keep in your backpack, so you can look over them when you're around new people.

**OR** 

-  **Invite an expert to come talk about conversations.** Some people specialize in helping people talk to one another. Ask a psychologist, motivational speaker, life coach or other knowledgeable person to show you how to introduce yourself and begin a conversation in different situations.

**OR** 

-  **Make a poster with 10 conversation tips.** Look in books, online, or in magazines. Remember, body language is an important part of conversation, too. Some of your tips can be about smiling and other friendly gestures that can help everyone feel at ease. Then, hang your poster in a good sharing place.

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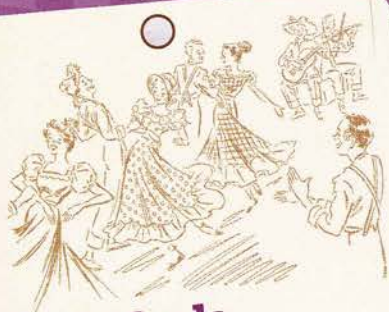
### CHOICES - DO ONE:

- OR** 

- OR** 

- 

**In Korea**, you should wait for the oldest person or people to lift their spoons or chopsticks before you start. It is also best to eat at the same pace as everyone else.



## Dance Cards

Have you ever heard the phrase, "My dance card is full," and wondered where it came from? A dance card was a small booklet with a pencil attached that listed all the songs an orchestra would play at a formal dance or ball. Before the dance, a man would ask a woman to reserve a dance for him. If she said yes, he would sign his name next to the song. If there were no songs left, he was out of luck—the dance card was full. The last dance was usually considered the most special, so a man could ask a lady to "save the last dance."

## More to Explore



Pretend you're a Girl Scout from 1963. Have a "style show" with your Junior group. Dress up for one of the events in this step and explain why you chose that outfit. As girls earning their Good Grooming badge did, discuss "the importance of good grooming, posture, and appropriateness of clothing."

### STEP

# 3 Be prepared for special occasions

Special occasions all have their own rituals. When you know what they are, you know how to act! Choose one occasion and find out the answers to the questions in the box below.

### CHOICES - DO ONE:

☐ Wedding

OR

☐ Funeral or wake

OR

☐ Coming-of-age ceremony, like a bat mitzvah, confirmation, or a quinceañera.

## Special Occasion Questions

- Why is the ceremony held?
- What important rituals are in the ceremony?
- How should you dress?
- What's one helpful skill you should know before attending?
- When is the occasion usually held?
- Is there something that is especially nice to say (or wish to) the host or guest(s) of honor?

## STEP **4** Say thank you

**When you receive a gift or are invited somewhere, it's good manners to say thank you. There are other times when thanking someone is less obvious, but just as important!**

### CHOICES - DO ONE:

- ☐ **Thank the host.** When someone has invited you over for a dinner or a party, find the host before you leave and say thanks. Tell them what you most enjoyed. Practice in a role-play or skit.

**FOR MORE FUN:** In many places, gifts are given to the host of a party as a thank-you. Find some examples and make a host gift of your own!

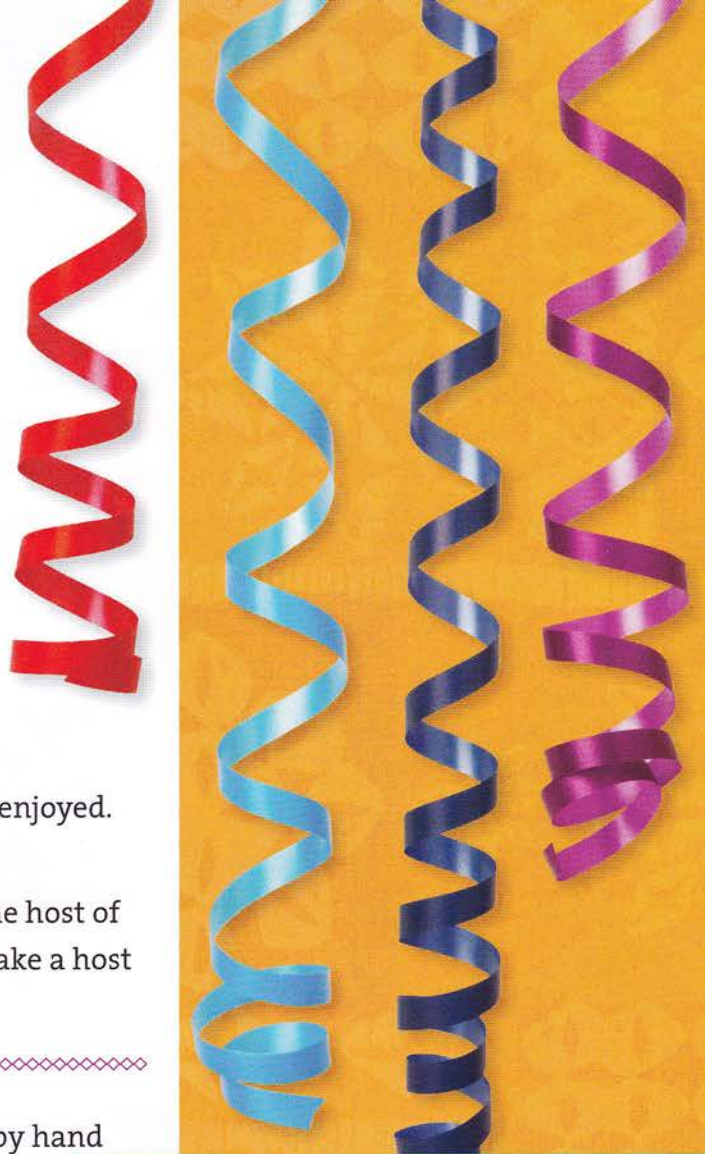
**OR** 

- ☐ **Handwrite a thank-you note.** Kind words written by hand show you took time to share your thanks. Handwrite three thank-you notes in the next month. (You might even make your own note card!) Include why you are thankful. If it's for a gift, tell the giver how you use it, or your favorite thing about it.

**FOR MORE FUN:** Sometimes you receive a gift that's not exactly what you wanted. In the moment, it can be hard to be thankful! Do a skit about how to have good manners in that situation.

**OR** 

- ☐ **Make a thank-you gift.** The next time you feel really thankful to someone, give a thank-you gift, like a bouquet of flowers, a drawing, or a bag of trail mix. Gifts you make yourself often have the most meaning. Think about thanking people who help you every day, like your crossing guard or a teacher. Or thank someone for a smaller gesture, like making you feel comfortable in a new situation.



**SWAHILI**

East and  
Central Africa

**Asante**

(ah-sahn-the)

**MANDARIN**

China

**Xie xie**

(syeh-syeh)

**HAWAIIAN**

**Mahalo**

(mah-hah-loh)

**SPANISH**

**Gracias**

(grah-cee-yas)

**ITALIAN**

**Grazie**

(gra-see)

**Say**  
**“Thank You”**  
**Around**  
**the World**

**JAPANESE**

**Domo**

(doe-moe)

**HINDI**

India

**Shukriya**

(shoe-kree-a)

**DANISH**

**Tak**

(tahg)

**TAGALOG**

Philippines

**Salamat**

(sa-la-mat)

**ARABIC**

**Shukran**

(shoe-krahn)

**FRENCH**

**Merci**

(mehr-see)



## More to Explore

Make it a dance party. Girls earning their Social Dancer badge in 1963 had to “develop some ideas for getting a dance party off to a quick start, be able to teach an icebreaker, and know several ways to help guests mingle.” Try these skills yourself!



## STEP 5 Practice being at ease

Hold a party to practice all you’ve learned. Invite people you aren’t that close with so you can really practice being at ease. Make introductions, make conversation, show good table manners, and thank guests for coming. Pick a group to invite from the list below, and start partying!

### CHOICES - DO ONE:

☐ **Other Girl Scouts.** Grow your skills by inviting younger and older girls.

**OR**

☐ **Your friends and their parents.** Make a point of chatting with some adults!

**OR**

☐ **Everyone in your class.** Think about classmates you don’t know very well and come up with some conversation starters ahead of time.





### ***Add the Badge to Your Journey***

Step 4 is all about thanking people. Take this opportunity to thank the women who you talk to when you do the “callback” interview with women from your casting-call log. Thank them for inspiring you with ideas about the many roles women play in the world.

### **Now that I’ve earned this badge, I can give service by:**

- Helping others feel comfortable in a conversation
- Showing my friends how to act at a wedding
- Making a special thank-you gift for my school custodian or crossing guard



***I’m inspired to:***